

# ROOTED LEADER UPDATE

## WEEK 1

Thank you for joining us for This Rooted Experience. We are excited about what God is doing through this journey. We trust this will be life-changing for you and your group as well. **Please see the Facilitator's Guide for detailed explanations.**

### RESOURCES -

- Rooted Facilitator's Guide
- Name tags & pens
- Snack list
- Rooted Covenant
- Notebook

### REMINDERS -

- Please use name tags as you begin. This will help everyone feel more comfortable and help you remember names as well
- Sessions typically begin with an icebreaker question. It is a good way to get folks talking - especially those who are a bit shy and less likely to open up
- Take time to introduce each other, if many know each other already, have them answer a unique question - "something you may not know about me is..."
- Remember the role of the leader is to Facilitate, not teach. It is your job to help folks to engage and share... be ok with awkward silence sometimes
- There is a Rooted Covenant in the first few pages, go over this together and have everyone sign these and keep them in their books. This is always a good reminder that what we share here is not to be shared elsewhere
- Each week someone will share their 2 minute faith story. It will be important to model this well, its 2 minutes and it focuses on your coming to Christ. For anyone who is not a Christian, they can still share their faith journey and where they are on that journey. Be prepared to share yours the first meeting, and the more honest and transparent and vulnerable you are will set the tone for your group.
- Take notes as your group shares, you will need details regarding each person's journey at the end of the 10 weeks when you write a blessing over them
- Have a snack sheet, bringing something to share each week can help facilitate fellowship

- ❑ Find out each group member's best way to communicate, touch base with them every week. Encourage them in their daily work and remind them of any upcoming Rooted elements... prayer experience, serve experience, etc
- ❑ Allow time for prayer requests and prayer time. You may want to do this in small groups or paired up. Be sure to spend time praying rather than sharing requests the whole time
- ❑ Send out a weekly homework reminder... it is easier to stay up than to catch up. Sending out an email or text each week sharing a thought or two about how it is going for you can help encourage your group to spend the daily time. There are sample emails for each week online. [friends.church/rooted/leader-resources](http://friends.church/rooted/leader-resources)
- ❑ Start discussing dates for the Prayer Experience and the Serve Experience as early as possible... prayer is week 3 so it comes fast! Finding a time for a 3 hour window can be challenging. If childcare becomes an issue, consider holding your prayer time during the church window 9 - noon either on campus (if you meet Sundays) or at someone's home. Please let our team know if you will do this so we can prepare KidVenture
- ❑ Impress upon your group the importance of doing the homework and being present each week... missing 3 days is too many to really get the value of this experience, 10 weeks will go very quickly!
- ❑ Matthew or Kent introduces Rooted in our opening session together. If you are unable to make the first meeting or if you are in a group meeting off campus, you will find this message in the Week 1 folder on our Rooted page online

**If you have any questions or concerns, please contact Kent Kraning at [kentk@friends.church](mailto:kentk@friends.church) or call the church office**